

HALIFAX metro®



'Rocky' Jones remembered

Renowned Halifax lawyer who focused on racial equality and labour law inspired many in N.S.

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Mr. Janie's got a gun

One Arkansas school district has decided to arm some of its teachers and staff as security guards

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Denzel goes full-funny

Mark Wahlberg helps his more serious 2 Guns co-star loosen up, even if he's not ready to be spanked just yet

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JUST THE RIGHT NUMBER OF BALLS IN THE AIR

BUSKERFEST DRAWS FAR-FLUNG TALENT TO HALIFAX

PAGE 3



TEGAN AND SARA GET 'CLOSER'

Canadian twin sisters Tegan and Sara take to the stage at the Metro Centre in Halifax on Tuesday night. The popular indie rock duo is touring in support of their latest studio album, entitled *Heartthrob*. JEFF HARPER/METRO

Spirit Place voted down

Regional council. Proposed seniors complex was debated in lengthy public hearing

"No one's ever disputed the good work of St. John's," Cunningham said. "But as the developer, they need to follow the rules."

Many neighbours were concerned about increased traffic, invasion of privacy and reduced property values, while others spoke about the need for affordable living for seniors and how St. John's could help the community by having a real church space.

Coun. Gloria McCluskey voted with the residents opposed to the project, saying they had "good reason to be concerned."

"We do need density, but not at danger of destroying all of the communities," McCluskey said.

Louisa Horne, co-chair of the church development committee, said it will take another five years to bring back a "Plan B."

"It's not an overnight thing," she said. "It's unfortunate for the neighbourhood to have a crumbling, fenced-in church — but that's the choice they've made." HALEY RYAN/METRO

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To be closed for 2 years

Wastewater pipes coming to Chain of Lakes trail

Starting this fall, the Chain of Lakes trail will be closed for almost two years as a new wastewater corridor is installed.

After a long debate over shutting down seven kilometres of such a popular trail, regional council approved the \$20 million to \$25 million project on Tuesday. Staff said the Beechville-Lakeside-Timberlea treatment facility is nearing capacity, and the need for service is expected to jump this year as developments such as Brunello Estates come online.

"There wasn't an option of 'Yes, do this project, or not.' It was, 'We have to do this project, which option is it?'" Coun. Linda Mosher said after the meeting.

She said because the Beechville plant empties into a lake, and the environmental codes don't allow it, the waste had to be pumped back into Halifax or a \$50 million facility had to be built in Timberlea.

Coun. Jennifer Watts said extending waste service was "absolutely concerning," and council should have considered increasing density on the peninsula before agreeing to develop an outlying area.

HALEY RYAN/METRO

'Go away'

Council defeats overhaul of salary review

Regional council has defeated a motion to review how councillors' salaries are decided every four years.

Coun. Steve Craig said he made the motion in an attempt to "make a good process even better," because the current salary formula has no automatic review. Councillors are paid just over \$70,000 a year under a formula based on the population and councillor salaries in eight Canadian cities.

Coun. Barry Dalrymple said there's no need to "fix what's not broken."

"Right now it's out of the hands of council, as it should be," he said.

Coun. Brad Johns said he wanted the issue to "go away," because the topic of salary was not something he wanted to debate in council. HALEY RYAN/METRO



Victor Rubilar, returning Halifax International Busker Festival crowd favourite, warms up his juggling act on the waterfront on Tuesday. JEFF HARPER/METRO

Six days of stellar street performers

2013 Busker Festival.

Event will be shorter, but packed with longer days and lots of new international talent

EVAN MCINTYRE
halifax@metronews.ca

Victor Rubilar definitely has the balls to perform at Halifax's Busker Festival — five of them, to be exact.

"I do a show about my two loves, which are soccer balls and girls," Rubilar said on Tuesday, while offering a sneak peek at his crowd-

pleasing skills.

Buskerfest, one of the city's largest summer festivals and one of the biggest street-performer showcases in the world, kicks off on the Halifax Waterfront at noon today.

Rubilar is one of 17 international performers who will entertain visitors and locals with fire breathing, acrobatics, magic and acts that defy description — such as the "water-balloon gladiator."

He's a perennial crowd favourite, having won the Busker Festival's people's choice award three years in a row for his skills at juggling, spinning and balancing as many as five soccer balls while making jokes and flirting with audience members.



A heightened police presence could be seen on Brenton Street in Halifax after two armed men robbed Halifax Gold on Tuesday. JEFF HARPER/METRO

Online

See the full lineup and schedule at buskerfest.ca.

"I do a lot of tricks, but that's just an excuse to have fun," the Argentinian-born performer said.

Rubilar's tricks were born from a childhood love of soccer, and he has refined them to the point of owning four Guinness World Records.

His titles include the longest distance travelled while balancing a ball on the forehead, and the most consecutive soccer-ball rolls across the forehead.

"What I like about soccer balls — everybody knows the size of them, the weight of them, it's not a prop that's made for juggling," Rubilar said.

Most of the buskers performing in this year's shorter, sweeter festival are newcomers to Halifax.

"We have probably 80 to 85 per cent all new acts," said Kelly Shea Skye, Buskerfest's talent director. "The festival this year has been condensed into six days, but it's going to be six full days."

New to this year's festival is a stage dedicated solely to musical performances. Daily schedules will also run one hour later, until 10 p.m.

Wanted: Halifax Gold robbers

Halifax Regional Police are looking for two men who robbed a jewelry store at gunpoint in broad daylight.

Const. Pierre Bourdages said the pair walked into Halifax Gold at 1461 Brenton Street at 1:48 p.m. Tuesday, threatened staff with a gun and demanded

money. They left with an undisclosed amount.

According to a release from Halifax Regional Police, the suspects left in a newer model extended-cab black Ford Ranger. The truck was carrying a large dark object in the bed and there were two racks mounted

to the side. The first suspect is described as white, six-feet-two, heavy set with a dark complexion, wearing a black ball cap. The second is believed to be a white man who had his face covered with black fabric, wearing a black hoodie and pants.

METRO

1 NEWS

Improving dental health for kids. Province's new funding really has teeth

The province has announced funding to significantly boost the number of pediatric dental surgeries performed at the IWK each year.

Acting Health and Wellness Minister Leonard Preyra said the children's hospital will receive more staff and equipment that's expected to help the pediatric dentistry department treat 600 more children every year.

"By providing care to these very young children in a timely fashion, we will not only reduce pain and suffering, but help each of these children achieve their full potential," said Dr. Ross Anderson, chief of pediatric dentistry at the IWK, in a release.

The additional surgeries are expected to begin next spring.

Preyra also announced the Department of Health and Wellness will hire a



Acting Health and Wellness Minister
Leonard Preyra METRO FILE

chief dental officer, who will work with dentists and public health staff to improve Nova Scotians' oral health.

The officer will begin work in January with a focus on children under the age of 5.

Anderson states in the release that reducing disease rates in such young children could help keep more kids out of surgery. **METRO**

Tax refund program. Low-income seniors to get money back this week

The province says more than 17,000 seniors who receive the Guaranteed Income Supplement will get a refund of their provincial income tax this week.

Eligible seniors will receive a minimum of \$50 and an average of \$463.

The refund program has been in place for three years, and Finance Minister Maureen MacDonald states in a release that \$23.5 million has been returned to seniors in that time.

By the numbers

25K

The number of N.S. seniors who will not pay provincial income tax by January is 25,000.

Another 4,000 will have a portion of their income tax refunded.

Seniors do not have to apply for the refund, but they must file a tax return.

METRO

Published Tuesday

Correction to seniors' complex story in Metro

A story in Monday's Metro (Spirit place up for debate, July 30) incorrectly identified the church planning to build a seniors' complex at Windsor and Willow streets as St. Joseph's United Church.

The correct name is St. John's United Church.

METRO

Annual wage hikes

N.S. civil servants ratify new contract

The Nova Scotia Government and General Employees Union, which represents more than 8,000 civil servants in Nova Scotia, says they have ratified a tentative agreement.

The three-year contract includes annual wage increases of two per cent, 2.5 per cent and three per cent beginning April 1, 2012. **THE CANADIAN PRESS**



Prominent Halifax lawyer Burnley Allan "Rocky" Jones is seen outside his north-end office in this file photo from 2003. Jones passed away in hospital Monday after a lifetime of social activism. He was 71. **METRO FILE**

Rocky Jones 'had an amazing impact'

Activist remembered.

Lawyer worked to eliminate entrenched racism and segregation

Burnley (Rocky) Jones had a smile that could light up a room, a leadership style that inspired a generation of young black people in Nova Scotia and enough political grit and charisma that he was once considered a threat to national security.

Jones, a high-profile Halifax lawyer who focused on racial equality and labour law, died Monday in hospital following a heart attack in his home. He was 71.

A co-founder of the Black United Front of Nova Scotia and the National Black Coalition of Canada, Jones was named to the Order of Nova Scotia in 2010.

Rev. Rhonda Britton of Cornwallis Street Baptist Church in Halifax said Jones was a human rights crusader and a champion of Nova Scotia's black community.

But he was also a down-to-earth man whose infectious smile and relentless optimism

Encouraging to all

"He was always encouraging people to be the best that they could be and wanting to see people advance — not just black people, all people."

Rev. Rhonda Britton of Cornwallis Street Baptist Church in Halifax

made him a joy to be around, she said.

"He was such a likable person," Britton said in an interview. "He was very friendly, very warm, always engaging, always approachable."

Born in Truro, Jones' political awakening came in the early 1960s when he was living in Toronto, where civil rights protests were often led by white protesters. He got involved and soon realized he had a gift for public speaking.

"I discovered I could motivate groups," he told the Halifax Daily News in 1995.

After returning to Nova Scotia in the mid-1960s, Jones took aim at the province's entrenched system of segregation and racial discrimination.

He helped set up Kwacha House, a project that gave inner-city youth a place to discuss their challenges.

Jones also led protest rallies and, at one point, invited mem-

ing improve the lives of black Nova Scotians.

In the 1970s, he set up the Transition Year Program at Dalhousie University in Halifax, which helped blacks and natives move on to higher learning.


Carolann Wright-Parks attended Dalhousie in the early 1970s, thanks to the program.

"A lot of us are now in really strategic, influential positions, either in government or as lawyers," Wright-Parks said. "He was influential in next-generation leadership ... He had an amazing impact."

THE CANADIAN PRESS



Rocky Jones at an awards dinner held in his honour in 2004. **METRO FILE**



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Cycling for mental health

Cross-Canada trek.
Pair raising money, awareness to help change attitudes about mental illness

EVAN
MCINTYRE
halifax@metronews.ca

A B.C. couple who are cycling across Canada in the hope of removing the stigma surrounding mental illness were joined by the Halifax mayor and other supporters during a brief stop in HRM.

Ginny Dennehy and her

husband, Kerry Dennehy, launched the Enough is Enough campaign to raise awareness and education about mental health.

"People need to start treating this disease like any other disease," Ginny Dennehy said at a media event on Tuesday. "There's so many people, so many Canadians are suffering from this and we need to get it out in the open."

The Dennehys struck out from Whistler, B.C., in May and have pedalled their way over hill and dale, in every kind of inclement weather. But they said the king-size mosquitoes in Northern Ontario have been the greatest

Enough is Enough

"So many Canadians are suffering from this and we need to get it out in the open."

Ginny Dennehy

challenge so far.

They're driven by a personal tragedy — the loss of their son Kelty to suicide in 2001.

Kerry Dennehy believes the social stigma attached to mental illness makes it difficult for those affected to seek help or treatment.

"People don't come for-

ward because they don't feel understood and they don't feel cared for," he said.

The Dennehys said resources for people grappling with mental-health issues can also be difficult to access, and they're hoping the cross-Canada tour will raise funds for mental-health care in every province.

"No matter how much money that we raise, in every province we're going to work with the health professionals and put that money in that province," Ginny Dennehy said.

She said all donations received during the ride are coded so they'll go to the right province.



Ginny Dennehy speaks to supporters about mental illness on Tuesday at an event in Halifax. She and her husband, Kerry, are pedalling across Canada to raise awareness of mental health issues. EVAN MCINTYRE/FOR METRO



Standing on guard, by land and by sea

Canadian soldiers take part in advanced amphibious training from the Shearwater Jetty in Halifax on Tuesday. The soldiers are working to qualify as Patrol Pathfinders, specialists in deploying in hostile environments.

ANDREW VAUGHAN/THE CANADIAN PRESS

Suspicious. Fire destroys warehouse in Kingston

Police are investigating a fire that burned an abandoned paper warehouse to the ground in Kingston. RCMP Sgt. Al LeBlanc said police and firefighters from 15 departments were called to the former Capital Paper facility at about 11:30 p.m. on Monday. He said investigators are treating the fire as suspicious. No one was hurt, but the building is a complete loss. **THE CANADIAN PRESS**



Firefighters from 15 departments were called to a raging fire at an abandoned warehouse in Kingston. COURTESY BRIAN TAYLOR

Suspect turned himself in. Shelburne RCMP seize drugs, guns in raid

RCMP in Shelburne seized marijuana and several guns after searching a home on Annapolis Road.

The warrant was carried out on July 27, and officers say they seized about two pounds of cannabis, some plants and drug paraphernalia, as well as seven unsecured firearms.

A 54-year-old Shelburne man turned himself in to police on Monday and will appear in Shelburne provincial court to face drugs and weapons charges on Oct. 9.

He is charged with marijuana possession and production and unsafe storage of firearms.

METRO

Repayable loans. Local companies get marketing support from Ottawa

Two local companies are getting a total of \$1 million in federal funding to cover the cost of overseas marketing.

Lisa Raitt, federal transport minister, announced the money for Ascenta Health Limited and Novawise Inc. on Tuesday.

Ascenta is described in a press release as an "industry

leader" in omega-3 fatty acids. It will use the \$500,000 repayable loan to promote its first skin-care product in the U.S.

Novawise, a technology company, will also receive a \$500,000 repayable loan to market mobile data-collection software in the pharmaceutical industry in Canada and abroad.

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Bradley Manning convicted of spilling U.S. secrets to WikiLeaks

Faces up to 136 years. Private dodges serious and precedent-setting charge of aiding enemy

U.S. army Pfc. Bradley Manning was acquitted of aiding the enemy but was convicted on Tuesday of espionage, theft and other charges, more than three years after he spilled secrets to WikiLeaks.

Manning was convicted on 19 of 21 charges and faces up to 136 years in prison. His sentencing begins Wednesday.

The lead prosecutor, Maj. Ashden Fein, said Manning knew the material would be seen by al-Qaida, a key point the prosecutor needed to get a conviction of aiding the enemy. Even Osama bin Laden had some of the digital files at his compound when he was killed.

According to Daniel Ells-

berg — who in the early 1970s leaked the Pentagon Papers, which showed the U.S. government repeatedly misled the public about the Vietnam War — Manning's acquittal was more significant than his convictions.

He said a conviction of aiding the enemy would mean that most people wouldn't want to risk life imprisonment or even execution for exposing government secrets.

THE ASSOCIATED PRESS

Manning's crime

Manning admitted leaking more than 700,000 records as well as video of a U.S. helicopter attack that killed civilians in Iraq, including a Reuters news photographer and his driver.

- In the footage, airmen laughed and called the targets "dead bastards."



U.S. army Pfc. Bradley Manning is escorted to a security vehicle outside a courthouse in Fort Meade, Md. PATRICK SEMANSKY/THE ASSOCIATED PRESS

Switzerland

Train driver's body pulled from wreck

Rescue workers on Tuesday recovered the body of the driver of one of two trains that collided head-on in Switzerland. Officials said it appeared likely that one of the trains ignored a signal.

Emergency workers had to separate the front of the two trains to reach the 24-year-old driver's mangled cabin.

A police spokesman said the fire service will continue to comb the wreckage because authorities can't yet rule out the possibility that someone may still be trapped inside. THE ASSOCIATED PRESS

Cross-border crime

U.S. wants cops to be free from Canadian law

The United States wants its police officers to be exempt from Canadian law if they agree to take part in a highly touted cross-border policing initiative, says an internal RCMP memo.

The debate over whose laws would apply to U.S. officers working in Canada raises important questions of sovereignty and police accountability, says the briefing note prepared for RCMP Commissioner Bob Paulson.

The perimeter deal aims to ensure the safe, speedy passage of goods and people across the 49th parallel while bolstering North American defences. THE CANADIAN PRESS



Days of cleanup just a drop in the bucket

Workers scoop up crude oil during a cleanup operation on the beaches of Samet Island, eastern Thailand, on Tuesday. About 50,000 litres of crude oil that leaked from a pipeline operated by PTT Global Chemical Plc has reached the popular tourist island despite continuous attempts to clean it up. THE ASSOCIATED PRESS

Spain derailment. Driver was taking a work call as he sped into deadly crash

The driver was on the phone with a colleague and apparently looking at a document as his train barrelled ahead at 153 km/h — almost twice the speed limit. Suddenly, a notorious curve was upon him.

He hit the brakes too late. The train, carrying 218 passengers, hurtled off the tracks and slammed into a concrete wall, killing 79 people.

On Tuesday, investigators announced their preliminary findings from analysis of the train's data-recording "black boxes," suggesting that human error appears to be the cause of Spain's worst railway disaster in decades.

The derailment occurred near Santiago de Compostela, a city in northwestern Spain, late last Wednesday. Some 66 people injured in the crash are still hospitalized, 15 of them in critical condition.

According to the investigation so far, driver Francisco Jose Garzon Amo received a



Driver Francisco Jose Garzon Amo, 53, is taken to preliminary court Sunday. PABLO BLAZQUEZ DOMINGUEZ/GETTY IMAGES

call from an official of national rail company Renfe on his work phone in the cabin, not his personal cellphone, to tell him what approach to take toward his final destination.

Garzon was provisionally charged Sunday with multiple counts of negligent homicide. THE ASSOCIATED PRESS

Lac-Mégantic. Obliterated bar to reopen for summer

The popular bar recognized as the epicentre of Quebec's fiery train derailment is set to reopen as a temporary music venue for the summer.

Many patrons and staff members died inside Lac-Mégantic's bustling Musi-Café on July 6 after a runaway train carrying crude oil set off huge explosions.

"For sure, Musi-Café became a symbol of devastation in the tragedy we experienced,"

owner Yannick Gagne told a news conference on Tuesday.

"But we now want it to become a symbol of the resilience of people in the region, who will restart it and look forward."

The resurgent show bar will also create jobs for those left unemployed, including Musi-Café staffers and workers from several other local restaurants and bars shuttered since the disaster. THE CANADIAN PRESS

Ark. teachers getting armed

Kindergarten cop? U.S. school district paying about \$50K plus stipends for ammunition, training to prep staff to act as security guards

When classes at Clarksville High School resume in August, assistant principal Cheyne Dougan will be among more than 20 teachers, administrators and other employees in the school district carrying concealed weapons.

After a school shooting in Connecticut last December that left 20 children and six teachers dead, the idea of arming schoolhouses against gunmen was hotly debated across the country.

The National Rifle Association declared it the best response to serious threats. But even in the most conservative states, most proposals faltered in the face of resistance from educators or warnings from insurance companies that schools would face higher premiums.

Making use of a little-known Arkansas law that allows licensed, armed security guards on campus, Dougan and other teachers at the school will be considered guards.

"The plan we've been given in the past is, 'Well, lock your doors, turn off your lights and hope for the best,'" Supt. David Hopkins said. But as deadly incidents continued to happen in schools, he explained, the district decided,



A Clarksville school faculty member, wearing a protective mask, carries a practice gun toward a classroom in the Arkansas high school, as students portray victims in a mock shooting scenario. Twenty Clarksville School District staff members are training to be armed security guards. DANNY JOHNSTON/THE ASSOCIATED PRESS

"That's not a plan."

In strongly conservative Arkansas, where gun ownership is common and gun laws are permissive, no school district had ever armed teachers, according to the state Department of Education. The closest was the Lake Hamilton School, which for years has kept several guns locked up in case of emergency. Only a handful of administrators — not teachers — have access to

the weapons.

Clarksville, a community of 9,200, is going further. Hopkins said he faced a flood of calls from parents worried about safety after the attack last year at Sandy Hook Elementary in Connecticut.

He said he and other school leaders didn't see why they couldn't rely on their own staff and teachers to protect students rather than hire someone. THE ASSOCIATED PRESS

Ireland's first

Bill OK's abortion when life at risk

Ireland's head of state has signed the country's first bill on abortion, legalizing it in cases where doctors deem a woman's life is at risk, including by suicide.

Pres. Michael D. Higgins signed the bill rather than referring it to the Supreme Court. Anti-abortion activists are likely to challenge the decision.

Until now, abortion held a maximum penalty of life imprisonment.

THE ASSOCIATED PRESS

B.C. Soldiers' lawsuit should be tossed: Feds

At least one veterans group promises to campaign against the Conservative government because of a stand taken by federal lawyers, who argue the country holds no extraordinary social obligation to ex-soldiers.

The lawyers, fighting a class-action lawsuit in British Columbia, asked a judge to dismiss the court action filed by injured Afghanistan veterans, saying Ottawa owes them nothing more than what they have already received under its controversial New Veterans Charter.

The lawsuit filed last fall by six veterans claims the charter, which replaces life-time pensions with workers compensation-style lump sums for wounds, violates the Charter of Rights and Freedoms.

Mike Blais, president of Canadian Veterans Advocacy, told a news conference that since the First World War, the government has recognized its "sacred obligation" to veterans and that notion was abandoned with the adoption of the veterans charter. THE CANADIAN PRESS

Dubious food. Oreo doughnut tops Timmie's contest shortlist

On a day when doughnut flavours included devil's food cake and caramel popcorn, it was the simpler creations that won the day for Tim Hortons' Duelling Donuts contest.

B.C.-born Jason Priestley was among the panel of judges who whittled down the long list of 16 doughnut creations to just eight on Tuesday.

Among the finalists are the S'more Of It, the Monkey C, Monkey Do-Nut, the Dark Chocolate Cherry Chunk and the Oreo Borealis.

The pastry recreation of the classic cream-filled cookie

took the top honours from the panel, which also featured execs from Tim Hortons and TV host Ben Mulroney.

The contest was dreamed up after Priestley appeared in an episode of the sitcom *How I Met Your Mother* where he claimed he had invented The Priestley, a strawberry-vanilla doughnut with a chocolate Timbit nestled inside.

The contest winner will receive a \$10,000 grand prize. Canadians can vote for their favourite of the last eight doughnuts standing online, beginning Aug. 5. THE CANADIAN PRESS



The Priestley is a fictional doughnut mentioned on an episode of *How I Met Your Mother*, and subsequently whipped up by Tim Hortons for a photo op. It inspired the chain to launch a designer doughnut contest. TIM HORTONS/THE CANADIAN PRESS

Retail

Zara Home to launch in Canada

Zara Home is slated to open for business in Canada next month. The first location for the home furnishing brand is set to launch at Toronto's Yorkdale Shopping Centre on Aug. 22, coinciding with the startup of its Canadian e-commerce site. The second store will open in Laval, Que. Zara already has apparel stores in a number of cities across Canada. THE CANADIAN PRESS

Market Minute

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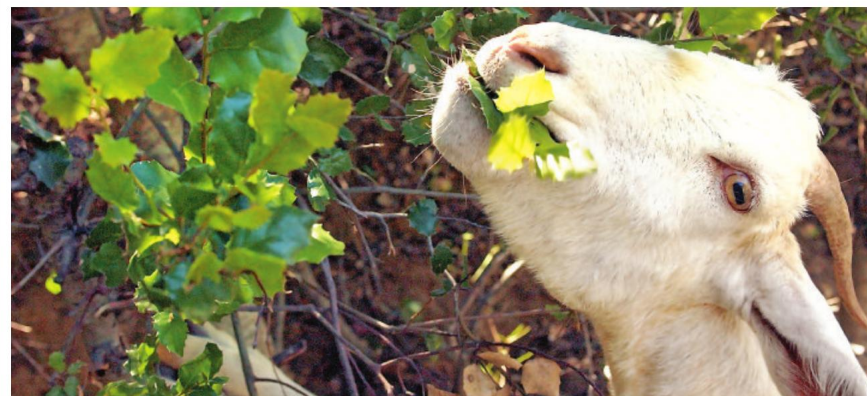
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\$103.08 US (-\$1.47)

GOLD
\$1,324.80 US (-\$4.80)

Natural gas: \$3.45 US (-1¢)
Dow Jones: 15,520.59 (-1.38)

Will work for food: Goats chew up landscaping biz



You could hire a crew to clear away unwanted vegetation, or you could bring in a herd of goats — which is what officials in Regina are currently doing to rid a conservation area of non-native greenery. Other municipalities have taken the same approach. The goat shown in this file photo was part of a herd rented by the San Francisco Public Utilities Commission to vanquish vegetation growing near drinking-water pipelines. GETTY IMAGES FILE

Caragana shrubs are no match for goats that have been brought in to clear the pesky growth from a big Regina park.

Officials with the city's Wascona Centre Authority have hired about 90 of the bleating eating machines to rid the shrubs from a conservation area of the park where the greenery has gotten out of control.

Naturalist Jared Clarke says caraganas were once planted

in rows to delineate property lines, but they ended up choking out native species of grass and other plants.

Clarke says the goats are an alternative to using herbicides and seem to work better than mowing, which is a temporary fix. The more the goats gnaw away at the leaves, the harder it is for the shrub to grow back.

The goats will be on duty until Monday, when they will stand down and be transported

Better than mowing

- It's not the first time goats have been brought in to do what they do best — Amazon used them at its offices in Japan.

back to their farm in Edenwold, Sask. CJME/THE CANADIAN PRESS

WATER'S RISING. WHERE'S THE ARK?

Ho-hum. Another day, another prophet of doom.

Today's Cassandra du Jour is someone named Benjamin Strauss from something called Climate Central. Strauss concludes that without an immediate deep reduction in greenhouse gas emissions, 1,700 U.S. cities will be underwater by the end of this century.

And even if we stop adding greenhouse gases to the atmosphere right now, 80 cities including Hoboken, N.J., and Fort Lauderdale, Fla., are already toast. Frank Sinatra's hometown sinks beneath the sea! Pictures at 11!

Strauss's conclusions have been published in the Proceedings of the National Academy of Sciences (not the National Enquirer) and run through the news cycle. Headlines everywhere. Hard to miss.

You may be wondering if Strauss is just some paranoid nut-



JUST SAYIN'

Paul Sullivan

metronews.ca

case. If he is, he's a paranoid nutcase with a PhD in ecology and evolutionary biology from Princeton, a master's in zoology from the University of Washington, and a BA in biology from Yale. A beautiful mind.

Climate Central certainly sounds reputable: "An independent organization of leading scientists and journalists researching and reporting the facts about our changing climate and its impact on the American public." Such as 1,700 cities will be sleeping with the fishes by 2100.

This is not just an American wet dream: Various studies have also earmarked several coastal Canadian cities, such as Vancouver and Halifax, for the Big Bath.

So what's going on here? Why aren't we all stampeding for higher ground? Even if 2100 seems a long way off, the sheer scale of this inundation should have us building big

boats in our backyards and pairing off the raccoons and Pomeranians, especially if we live in Hoboken or Fort Lauderdale.

But nothing's going on here. The U.S. president has a "plan," but it's hardly an emergency response, and even if the U.S. starts cutting emissions and shoring up dikes, that supposedly won't hold back the tide. And, of course, our Prime Minister Stephen Harper sees the emission of greenhouse gas as a patriotic act.

We obviously don't believe Strauss or all those other guys with letters after their names. Apparently, the skeptics have done a great job of painting them as a bunch of careerists so greedy for grants they'll say anything, no matter how over the top. If anyone's all wet, it's Strauss and all those other *scientists* (dirty word).

Still, aren't you a bit creeped out? What if Strauss is only half right, or a quarter right? What if the skeptics, who don't have nearly as many letters after their names, are the wet ones?

Is there anybody out there who can tell us the truth? It's a simple, honest question: How high's the water, daddy? Really?

ZOOM

Of course Road Runner is for dinner



Photog captures coyotes interacting

This stunning picture taken by amateur wildlife photographer Debbie DiCarlo shows the adorable coyote pups howling as the adult coyote tips back its head to let out an ear-piercing howl at a wildlife preserve in Hinckley, Minn.

METRO

Q and A

'Hope and emotions'



DEBBIE DICARLO
Amateur photographer, 58, from Cleveland, Ohio

From the photograph's composition, it looks like the pups are mimicking the adult in howling ... Yes, but that's certainly from the point of view of us humans, and how we assign human expressions to animals.

But isn't that what makes animal photography special — when we assign it human traits? I completely agree. That is certainly one great way of interpreting these photographs. Animal photographs conjure up amazing imagery of hope and emotions in us all.

DEBBIE DICARLO/REX FEATURES

Clickbait



ANDREW FIFFELD

andrew.fiffeld@metronews.ca



We're past the halfway mark of the year, which is still a depressing distance from the best-of lists that pepper December and January. So let's get an early start with a trio of some of the best mobile games of 2013.

Limbo

The long-awaited port of 2010's moody gem has finally arrived. Take control of a boy navigating the dangers of a beautiful but starkly harsh side-scrolling world (pictured). Seriously stark. The game is full of punishing puzzles and grisly deaths. (iOS/\$4.99)

Gemini Rue

A defiantly old-school point-and-click sci-fi noir set in a future familiar to Blade Runner fans. The original version was designed for keyboard and mouse, so the controls can be awkward.

ward. But solving the mysteries of the dual-plotted story is addictive enough to overlook them. (iOS/\$4.99)

Star Command

From the clever dialogue to the pixelated graphics, everything about this space adventure reads as a love letter to Star Trek. Managing your crew and monitoring shield and weapon systems during frenetic battles is deep and challenging, though that's offset a bit by a linear story and shallow interactions with the races you encounter. (iOS, Android/\$2.99)

Twitter

@metropicks asked: A scientist made a 'Frankenburger' from animal stem cells. Would you eat it? Is it vegetarian?

@NHL4HAMILTON: Sure ill give it a try! Be interesting to see what it tastes like.

@st_mack: As long as there was



Frankenbacon to go on top of it.

@1983boxedwine: No Way! We should care about where our food is coming from and what we put in our bodies. #realfood #lessdisease #healthyliving

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU:

Send us your comments: halifaxletters@metronews.ca

Review



The Smurfs 2

Director. Raja Gosnell

Stars. Neil Patrick Harris,
Hank Azaria

The problem with The Smurfs is that the blue mushroom-dwelling dwarves(?) just aren't elaborate or very amusing. In that sense, they're perfectly safe film fodder for prepubescent. In this straightforward sequel, Papa Smurf and company travel to Paris to rescue Smurfette (a whiny-sounding Katy Perry) from diabolical wizard Gargamel (Hank Azaria, trying his best). The sequel would've been buoyed by new characters except that one (named Hackus) is ceaselessly irritating. Still, Hackus shouldn't worry — with \$150 million in corporate tie-ins already, his ugly mug will surely appear on everything from plush dolls to nasal strips.

STEVE GOW/METRO

Two guys, two guns, no spanking

Interview. Denzel Washington and Mark Wahlberg talk about going funny with new buddy comedy 2 Guns

MATT PRIGGE
Metro World News

Denzel Washington is funny. He just doesn't do funny movies.

People have told him how good he is with a joke. He agrees and he doesn't.

"I'm quick. But being funny on purpose, take after take — I don't know. It's new territory."

Indeed, he hasn't done a full-on funny film since the ghost comedy Heart Condition, opposite Bob Hoskins in 1990. It's the only one on his resumé.

In character

"I try to bring my own personality to the parts, some kind of personal connection. The audience can maybe believe it a bit more."

Denzel Washington
Talking about he gets into character



Denzel Washington and Mark Wahlberg star in 2 Guns, which opens this weekend. CONTRIBUTED

2 Guns isn't a full-on comedy. It's a '70s-style throwback thriller, starring Washington and Mark Wahlberg as undercover government agents embroiled in the pursuit of a booty of stolen cash. But he and Wahlberg, longtime friends finally working together, have great chemistry, and the tone of the film allows them to goof around in between shoot-outs and scenes where Bill Paxton's fearsome CIA heavy plays Russian Roulette with his crotch.

"I'd been looking to stick my toe in the water," Washington says about being funnier. "Especially coming off Flight, I was looking to do something where I had more fun."

Wahlberg had already been attached to the production, based on Steven Grant's

comics, which was a big selling point for him.

"Mark is not just funny, but he has a warmth and a heart about him that I've loved. I watched Ted the other night. That's a sick movie."

Not that he wanted to go that far.

"I'm not ready to be spanked yet — not right out of the gate. But (Wahlberg) helped free me up, to go for it, to not worry about being silly."

Wahlberg was happy it wasn't the traditional kind of buddy comedy.

"Usually they'll take the comedy guy, the really out-there comedy guy, and put him with the straight guy. We didn't want to do that," Wahlberg explains. "We felt like the two had to be really formidable opponents, to earn

that camaraderie, to earn that trust in one another."

Asked how they handle comedy or drama, Wahlberg says there's little difference.

"I approach everything the same: I try to make it as real as possible," he explains. "If you're going to make people laugh or cry, it's the same thing. But if I start doing pratfalls, someone please pull the plug."

Washington just tries to integrate himself in his roles.

"I try to bring my own personality to the parts, some kind of personal connection," he explains. "The audience can maybe believe it a bit more."

When asked which role is closest to the real him, he can't help but joke.

"Training Day. That's who I am. That's the real Denzel."

2 SCENE

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Justin Bieber. ALL PHOTOS GETTY IMAGES

Bieber's crew busted with pot at the border

Marijuana and drug paraphernalia were seized from one of Justin Bieber's tour buses during a stop at the U.S.-Canada border, according to E! News.

Bieber himself wasn't on the bus, and his rep insists, "It wasn't Justin's bus," but Customs officials say it was part of his convoy.

"The tour bus, associated with musician Justin Bieber, was en route to a concert schedule later Sunday night in Detroit," a spokesman says. "Officers seized marijuana and paraphernalia and issued a penalty to the driver. The bus and passengers were released without further incident."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Applaud for Lady Gaga, she needs it



THE WORD
Dorothy Robinson
scene@metronews.ca

Well, hello there, new artwork for Lady Gaga's new single, Applause, which looks like something Barbra Streisand would do circa 1983

Gaga unveiled this cover on Sunday to Women's Wear Daily, which was created by photography duo Inez van Lamsweerde and Vinoodh Matadin, who also filmed the single's music video. The single will drop



on Aug. 19.

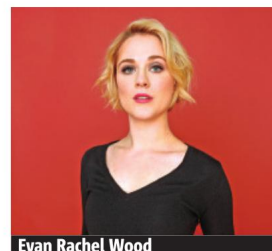
"What I'm saying in the song essentially is that I live for the applause. I live for the way you cheer and scream for me. Give me that thing that I love. Put your hands up, make them touch," she told the magazine about her inspiration for the single, which is a much, much better title than just calling it Clappin'.

Under the Dome still under said dome

Welp, it looks like no one is escaping that stupid dome anytime soon — CBS has renewed Under the Dome for a second season.

"We're excited to tell more stories about the mystery of the dome and the secrets in Chester's Mill, and are thrilled to have the master storyteller himself, Stephen King, tell the first one of next season," CBS Entertainment President Nina Tassler said in a statement.

The renewal makes sense as the show is a bonafide hit for the network, averaging about 13.8 million viewers, according to Nielsen numbers provided to the network.



Evan Rachel Wood

Another celebrity couple trying to copy royals

Evan Rachel Wood is officially a mom. The 25-year-old actress gave birth to her first child Monday, her rep confirms to Us Weekly.

"Evan Rachel Wood and her husband, Jamie Bell, are parents to a beautiful boy," the rep says. "Parents and baby are all doing well."

Bell couldn't contain his enthusiasm, praising his wife on Twitter with, "What a day. Evan, you are my warrior! You never cease to amaze. Thank you for birthing our son so naturally and peacefully. You did it!"

Johnny Depp just wants to speak his own words



Johnny Depp

Maybe he was expecting a better box office performance from The Lone Ranger.

Johnny Depp has started talking about retiring from acting, telling the BBC, "I wouldn't say that I'm dropping out any second, but I would say it's probably not too far away."

Depp has a rather interesting reason for wanting to give acting a rest.

"You realize that you've said written words more than you've actually had a chance to say your own words, you start thinking of that as a kind of insane option for a human being."

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Unshakeable Christchurch

New Zealand.

After a devastating earthquake in 2011, the city is ready to welcome visitors

RUTH
ATHERLEY
life@metronews.ca

The city of Christchurch, New Zealand, is in full swing with its exciting rebuild plan after the earthquakes it experienced a little over two years ago. The city and the surrounding region of Canterbury offer many things to do, places to stay and eat, and are absolutely ready to welcome visitors.

In true Kiwi form, the people of Christchurch are focusing on finding the silver lining and while remembering and honouring the past, they are embracing the future. The focus is now on creating a world-class city that engages both locals and visitors. A blueprint plan that concentrates on creating an accessible, world-class city that showcases all the fabulous activities, restaurants, accommodation and business opportunities that Christchurch has to offer has been developed and is in the process of being brought to life.

Experience Christchurch of today

While the people of Christchurch are looking forward, they realize that many visitors want to better understand what happened two years ago. Quake City is an interactive experience that outlines the science and the human interest elements behind the earthquakes. Now visitors can take the tour through the “red zone” — now the rebuild zone. Here you can



The Re:START mall is a fun shopping area in the heart of Christchurch. DAVID SWANSON

see the work being done and get an up-close view of the uncrushable Kiwi spirit that shines through as the city is re-created. In fact, each day many of the areas of the city are being reopened to the public and, as this happens, you can see the joy and pride in the faces of the people who call Christchurch home.

You can also check out the Cardboard Cathedral. This structure is being built to temporarily replace the historic Christchurch Cathedral, which was damaged during the earthquakes. Church services will be held in the Cardboard Cathedral, which is made of paper tubes coated with waterproof polyurethane,

and was opened in June 2013 with seating for 700.

Shop and sip

For those interested in shopping, the Re:START mall is an area that offers some of the best New Zealand designers. Re:START may not be the first shipping container shopping mall in the world, but it is one of the most creative, appealing and — a priority in New Zealand — fun! More than 50 retailers are located right in the heart of the city, including great cafés, the perfect place to rest your weary feet after a morning of trying on designer duds and checking out the bright, vibrant and energetic area. There is also New Regent

Street, which is a quaint street full of shops and boutiques — and, of course, cafés. After all, shopping and coffee were made for each other.

Discover the magic of the Canterbury region

While Christchurch is a fabulous city, visitors are also encouraged to venture out into the Canterbury region. And who better to show it to you than a fifth generation Canterbury — a real local. A local's local, if you will. David Hiatt runs Canterbury Guiding Company, a specialized tour provider that offers excursions that you just can't get anywhere else. He knows winemakers and cheese mak-

Get the app

Tourism New Zealand (TNZ) is making travel to New Zealand even easier with the launch of its first mobile app — Essential New Zealand. The free to download app offers advice to travellers on the go in New Zealand, without the need for a WiFi connection, encouraging them to do and see more while in the country.



ers, farmers and artisans and, relevant to his guests' interests, he makes magic happen. David and his team know every inch of the Canterbury region — the wineries, the restaurants, the trails, the farms and the people. If the guests want it, David can make it happen. One day it might be a behind-the-scenes chat and tasting with a cheese maker. The next day, it might be a balloon ride to view the mountains and sea or a wine tasting with the winemaker. One thing is for certain — David is the guy to take people to see the Canterbury that the residents know and love.

Air New Zealand (airnewzealand.ca) has direct non-stop flights from Vancouver to Auckland and offers flights from many other North American cities. For more information about New Zealand, visit newzealand.com.

Stay in style. Splurge for some fine accommodations in New Zealand

While there are plenty of budget and reasonably-priced places to stay on both the North and South Islands of New Zealand, there is a growing trend for even the most budget-conscious visitors to take a night or two and indulge themselves by staying at one of the country's nicer lodges or hotels.

The Boatshed on Waiheke Island, just a 40-minute ferry ride from Auckland, offers visitors a charming piece of Kiwi life. The five suites and two bungalows are designed to reflect “bachs”

— a New Zealand term for a holiday home.

It offers an eclectic mix of different buildings, spaces and room types — all with a view of the ocean. And exclusive to guests is fine dining at The Boatshed's restaurant.

Service is in a relaxed, al-fresco setting, with exceptional New Zealand seafood and gourmet meat cuts accompanied by organic, locally sourced produce (some grown at The Boatshed). The fact that this luxury accommodation is located on

Waiheke Island, which is home to a number of beautiful vineyards, just makes it that much more of a treat.

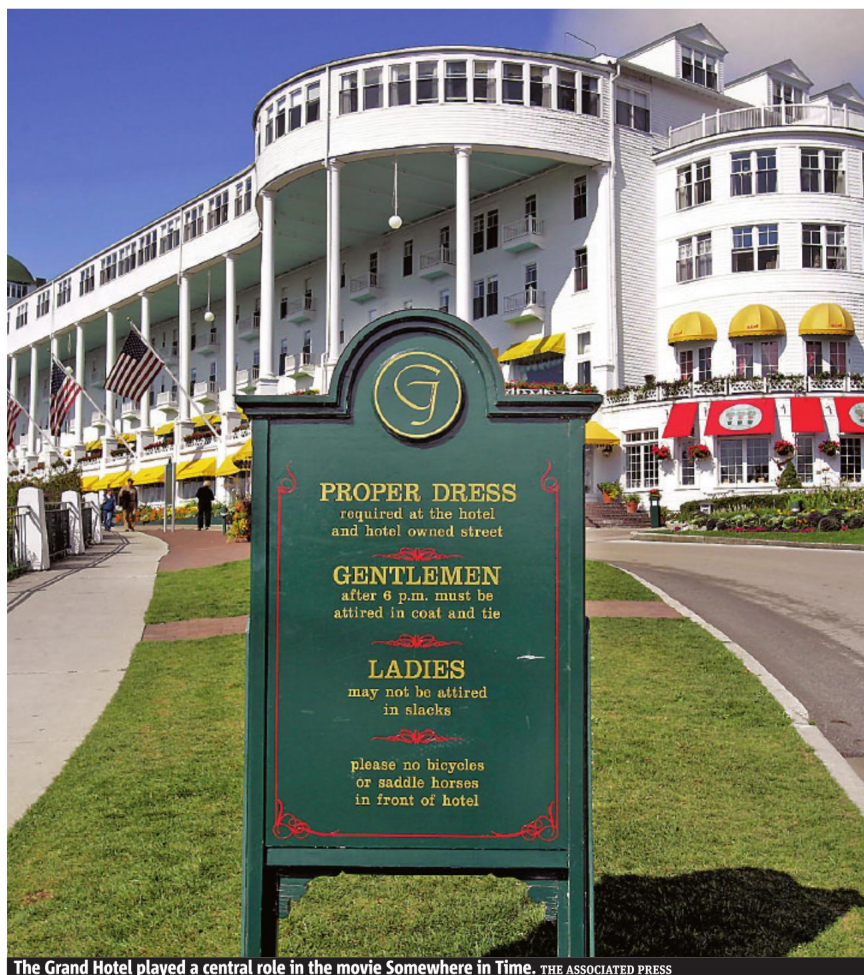
And also for wine lovers, there is Black Barn, located in the wine producing region of Hawke's Bay. This winery and vineyard produces fabulous wines and also offers accommodation — right in the vineyard. There are 14 distinctive, self-contained accommodations offering character and style.

RUTH ATHERLEY, METRO



The Boatshed suites and bungalows on Waiheke Island. CONTRIBUTED

3
THE



The Grand Hotel played a central role in the movie *Somewhere in Time*. THE ASSOCIATED PRESS

Come to the island where time stood still

Mackinac Island. In northern Michigan is a tiny place still powered by horses thanks to a motor ban

Producers of the 1980 movie *Somewhere in Time* didn't need to build elaborate sets to depict the tale of a playwright who travels back to 1912 to find romance.

They simply filmed on Mackinac Island, a Great Lakes enclave that retains its Victorian-era charm thanks to its ban on motor vehicles.

Motor vehicles have been banned on the island since the start of the 20th century after an automobile frightened some of the horses.

These days, people still travel by horse-drawn carriage, as well as by bike and by foot.

Mackinac Island, located off the Straits of Mackinac separating Michigan's Upper and Lower Peninsulas,

was an important outpost in the region's fur trade, but that gave way to fishing and eventually tourism.

Among the main attractions: the Grand Hotel, a 385-room luxury hotel that played a central role in *Somewhere in Time*. In fact, fans of the movie, many in period costumes, descend on the island and the hotel every fall for a weekend of reenactments and a screening.

You get reminders of a bygone era before even leaving the mainland by ferry. Crews cart overnight luggage onto the ferry, the way full-service porters used to at train stations and hotels. The Grand Hotel stands out as your ferry approaches the island. Closer to the dock, you pass a pair of quaint lighthouses, including one featured in the movie.

Once you're on the island, you have plenty of options. Head to the Mackinac Island State Park Visitor's Center for an orien-

If you go...

- **Mackinac Island.** Located in Michigan about 480 kilometres north of Detroit. Ferries leave several times a day from Mackinaw City in the Lower Peninsula and St. Ignace in the Upper Peninsula. Flights available to Pellston, near the ferry, from Detroit and Chicago.

tation. About 80 per cent of the island is controlled by the state park, but staff there can also point you to other things to do, too. For \$11 US, visitors can stroll through Fort Mackinac.

You can witness demonstrations of old-style guns and a cannon — be sure to heed the demonstrators' advice to cover your ears.

You can also see some of the buildings once used for distributing supplies and housing soldiers, among other things.

THE ASSOCIATED PRESS

The anti-meat BBQ burger

Food. Food blogger Angela Liddon shares her favourite grease- and grime-free veggie recipe for a hot and sunny day. It's not all about melted cheese and steak you know.

ROMINA
MCGUINNESS
Metro World News in London

Barbecue. Admit it. The second you read that word, your brain bombarded you with images of charcoal steak and roasted marshmallows.

"There are so many other options that showcase classic summer foods without sacrificing flavour or nutrition," Angela Liddon, food blogger and founder of the vegan friendly website Oh She Glows tells Metro. "A veggie burger can be both hearty and satisfying, as is a smoky grilled salad. And one thing is for sure, you'll feel



This recipe makes eight burgers. CONTRIBUTED

light, energized, and anything but weighed down!" she adds.

Here is her favourite summer recipes, a veggie burger.

"These veggie burgers are one of the most popular recipes on my blog. They have all the right elements we love in a

veggie burger — chewy, hearty, and they hold together well when cooking. You can freeze the burgers after cooking for quick and easy meals throughout the week."

1. Preheat oven to 350 F and line a baking sheet with parchment paper.

2. Whisk flax and water in a small bowl and set aside for 10 minutes.

3. In a large bowl, mash the black beans until a paste forms with a few chunky beans left intact for texture. Stir in the rest of the ingredients (including the flax and water mixture), adjusting spices and seasonings to taste if desired.

4. With slightly wet hands, shape dough into 8 patties. Pack dough tightly as this will help it stick together.

5. Cooking options: Bake patties at 350 F for 15 minutes, gently flip, and bake for another 15-20 minutes until patties are firm and golden.

Ingredients

- 3 tbsp ground flax seed
- 1/3 cup warm water
- 1 (15-oz) can black beans, rinsed and drained
- 1 cup grated carrots
- 1/3 cup finely chopped parsley
- 2 large garlic cloves, minced
- 1/2 cup chopped red onion
- 1/2 cup sunflower seeds
- 1 cup oat flour
- 1/2 cup spelt breadcrumbs (or breadcrumbs of choice)
- 1 tbsp extra-virgin olive oil
- 1-2 tbsp tamari, to taste
- 1/2 tbsp chili powder
- 1 tsp each dried oregano, ground cumin, fine grain sea salt
- freshly ground black pepper, to taste

For grilling on the BBQ: pre-bake the patties in the oven for about 15 minutes at 350 F before placing on a pre-heated grill. Grill on each side for a few minutes until lightly golden.

6. Serve with toasted buns or lettuce leaf "wraps".

Drink of the Week

Almond Iced Tea

Not too sweet and slightly nutty, this summer mix is perfect for outdoor sipping.

By the glass

- 1 1/2 oz Belvedere Lemon Tea
- 1/2 oz almond syrup
- 3/4 oz lemon juice
- 3 oz green tea

Build over ice and garnish with a lemon wedge.

By the pitcher

- 375 ml Belvedere Lemon Tea
- 100 ml almond syrup
- 175 ml lemon juice
- 700 ml green tea

Add all ingredient to pitcher over ice. Garnish with lemon and blueberries.

COURTESY OF BELVEDERE VODKA



Get off that couch and into an office

From beach bum to accomplished employee. It's not too late to help your child find a summer job

ALISON BOWEN
Metro World News

If your son or daughter still is not picking up a paycheck this summer, it's not too late.

As a wealth management adviser, Ellen Perry has spent years advising people on how to keep not only business, but also families, thriving.

One of her pieces of advice? Get a summer job. They teach valuable life skills, whether interning in an office where your child would like to ultimately work or serving pizza slices.

After working with more than 100 wealthy families, she wrote *A Wealth of Possibilities: Navigating Family, Money, and Legacy*.

Although the book is geared toward families with money, her counsel can apply to par-

ents and children across the board.

Perry gave us tips for getting your child off the couch and into a summer job:

Don't make it optional

Give them two weeks after school ends to lie around the house and sleep late — then, if they aren't employed, tell them you will find one for them (and that it is going to be far less interesting).

Help them brainstorm all the

Who's the boss?

An employer can be a great teacher

- Kids get honest feedback and learn to identify what the boss wants in terms of their performance and how to give it to them.
- Try not to be too fussy about the job or boss. Sometimes the hard situations teach the most.



If you put too much pressure on your child to find the perfect position, you're likely to drive them away from the hunt. As a parent it's important to remain positive and empowering. ISTOCK

options

What are they good at? What experiences do they have that are helpful?

Stay out of the actual job

search as much as possible

Don't make the calls for them, line up the interviews for them, pull strings for them. You are trying to teach them resourcefulness and resilience

— you can't be too involved if they are actually going to learn those lessons.

Remember practical skills are useful

The job doesn't need to be fancy to be good for them. Waitressing can teach a lot about time management, pacing, customer service and multitasking.



Hilton Waikoloa Village, Hawaii

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Former NCAA standout Rachelle Coward is shown with her former team, the Charleston Southern University Lady Bucs. The Cherrybrook native will suit up for the Saint Mary's Huskies for the next two years. REELWORLDMEDIA

Coward chasing title with Huskies

Basketball.

Cherrybrook native is returning home after a stellar hoops stint south of the border



ANDREW RANKIN

andrew.rankin@metronews.ca

Rachelle Coward left her mark playing among some of the world's best, now she's returning to her roots hoping to make a statement with the Saint Mary's Huskies.

The Cherrybrook native completed her NCAA career with the Charleston South-

ern University Lady Bucs in North Charleston with the franchise's highest career scoring average (18.2 points per game.)

The 23-year-old three-point specialist will complete her last two years of eligibility with the Atlantic University Sport champions. She'll be rejoining former teammate and Canadian Interuniversity Sport most outstanding player Justine Colley.

"We're going to be hard to guard with Justine driving and shooting threes and me shooting threes as well," she said.

Coward, who, until last year, had been in the U.S. since high school developing her game, said she's happy to

Quoted

"I've had a lot of family and friends who've supported me for so long and now they can see me play." Rachelle Coward

be finally playing in front of family and friends.

She says she has no idea what the competition will be like and the six-foot forward adds she's taking nothing for granted.

"I know I haven't proven anything in this league but there is no doubt that they have a good program with a

great coach that's won an AUS championship. They're right there to compete for a national title."

Huskies head coach Scott Munro says he's excited to have a player of Coward's caliber on board.

"She's played under a lot of different systems and played the top players in the United States," he said. "She was a prolific scorer at a high level so she's going to add a significant scoring punch."

Like every other Huskies fan, he's excited to see what kind of magic the duo of Coward and Colley can create.

"It's a great opportunity to put everything together and have a great season next year."

NHL

Sharks lock up Pavelski for five more years

The San Jose Sharks have signed centre Joe Pavelski to a five-year, \$30 million contract extension.

Pavelski ended the shortened 2012-13 season tied for third on the team with 31 points (16 goals, 15 assists) in 48 games. He was one of the Sharks' most dangerous players in the playoffs with 12 points (four goals, eight assists) in 11 games.

He scored five game-winning goals, tied for sixth in the NHL.

In 479 NHL games — all with the Sharks — Pavelski has 336 points (150 goals, 186 assists).

The five-foot-11, 190-pound native of Plover, Wis., was part of the American team that won silver at the 2010 Vancouver Olympics. **THE CANADIAN PRESS**

NHL

Leafs agree on one-year deal with Fraser

The Maple Leafs have avoided arbitration with Mark Fraser and signed the defenceman to a one-year deal.

Fraser's deal is reportedly worth \$1.275 million, in between what the two sides were requesting if the case went to an arbitration hearing.

The 26-year-old had eight assists and a NHL defenceman-leading 85 penalty minutes in 45 games this past season. He appeared in four of Toronto's seven first-round playoff games. **THE CANADIAN PRESS**

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Outlook good for N.S., expert says



Dalhousie Tiger Tara Gowan and Team Nova Scotia's women's volleyball team will be gunning for gold at the Canada Summer Games from Aug. 2-17 in Sherbrooke Que. COURTESY TARA GOWAN

Summer Games.

Canoeing and kayaking expected to again lead the way in Sherbrooke



ANDREW RANKIN

andrew.rankin@metronews.ca

Tara Gowan wasn't lucky enough to medal at the 2011 Canada Winter Games so she's hoping to make up for that missed opportunity in Quebec next month.

The third-year Dalhousie Tiger and her Team Nova Scotia volleyball companions have big expectations going into the Sherbrooke, Que.-hosted Canada Summer Games from Aug. 2-17.

Gowan, who was Nova Scotia's top female speed skater at the Winter Games almost two years ago, is hoping for at least a bronze this time around.

Team Nova Scotia just returned from a tournament in Florida last weekend where they defeated several teams

Medal mettle

"I want to show that we're one of the best teams there. It's going to be thrilling."

Tara Gowan of Nova Scotia women's volleyball team

they'll face in the opening pool, including Quebec, B.C., and Manitoba.

"We're a really athletic and talented group and our goal is gold," said the six-foot-three right-side hitter. "I really feel good about our chances to medal."

Ken Bagnell, president of Canadian Sport Centre Atlantic, said he wouldn't be surprised to see Gowan and Co. achieve their goal.

In fact, he's expecting another great showing from many of the more than 325 Nova Scotians who will be among some 4,200 Canadian athletes participating in 20 sports in 18 venues.

But Bagnell, who studies the development of amateur sport in the region, specifically 95 per cent of the Summer Game events, stopped short of predicting the prov-

ince would match its 52-medal haul at the last Summer Games in P.E.I.

"There's a chance for a record haul but I wouldn't be surprised to see it slightly below," Bagnell said.

Like in 2009, he expects our canoeists and kayakers, which accounted for 31 medals in P.E.I., to lead the pack again. Sailing and athletics are two more areas he expects to be strong suits.

Because of prudent planning and preparation, Bagnell says the state of amateur sport in the province is in good shape.

While medals are important, he said he's looking for any signs of progress.

"An improvement from ninth to eighth place is equally as important as a second-place to first-place performance."

NFL. From Kenya to Indy: Steep learning curve ahead for rugby player Adongo

Daniel Adongo has never played a down of American football, has watched only a few games on television and he tends to fidget with his helmet.

Somehow, the Indianapolis Colts found this muscle-bound six-foot-five, 257-pound athlete on the rugby fields of Africa and decided to give him a shot at making an NFL roster.

"Just take your steps and be patient," Adongo said. "The biggest thing is to be patient with myself and allow myself to

have a good learning curve and build myself up."

There are plenty of things the 23-year-old Kenyan must figure out now that he's working out with his new teammates at training camp.

He's still learning how to get around town, still getting used to the sensation of a helmet and pads and, of course, still learning the sport.

"He's coming over, he's here for two days and now he's going to experience an NFL camp right away. That's going to be tough, but he has teammates so hopefully everybody can help him out," said Indy's most recent first-round draft pick Bjoern Werner, who grew up in Germany.

There is little doubt Adongo can run and hit.

But the Colts are still trying to figure out where he fits best and how long, or successful, the conversion might take. Adongo believes the move to linebacker is the most logical place to start given the combination of size, speed and aggression required to excel in rugby. If that doesn't work out, he might get a chance at defensive end, tight end or fullback.

THE ASSOCIATED PRESS



Rugby player Daniel Adongo is trying out for the Colts GETTY IMAGES FILE

CFL

Backup QB leads Argos past Lions

Zach Collaros threw three touchdown passes in his first professional start Tuesday as the Toronto Argonauts defeated the B.C. Lions 38-12. Starting in place of the injured Ricky Ray, the second-year QB showed tremendous poise against the CFL's No. 1 defence, throwing for 253 yards on 21 of 25 passing.

THE CANADIAN PRESS

Basketball

First to score in NBA dead at 94

Oscar Schectman, the former New York Knicks guard who scored the first basket in NBA history, died Tuesday. He was 94.

Schectman's son Peter confirmed his father's death, which was also announced by the Knicks. Peter says his dad died of complications from respiratory failure.

Schectman scored the opening basket of a game in what was then known as the BAA on Nov. 1, 1946, for the Knicks against the Toronto Huskies.

THE ASSOCIATED PRESS

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Tampa Bay	64	43	.598	—
Boston	64	44	.593	1/2
Baltimore	59	48	.551	5
New York	55	50	.524	8
Toronto	48	57	.457	15

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	60	45	.571	—
Cleveland	58	48	.547	2 1/2
Kansas City	52	51	.505	7
Minnesota	45	58	.437	14
Chicago	40	64	.385	19 1/2

WEST DIVISION

	W	L	Pct	GB
Oakland	63	43	.594	—
Texas	57	49	.538	6
Seattle	50	56	.472	13
Los Angeles	48	56	.462	14
Houston	35	70	.333	27 1/2

Tuesday's results

Baltimore 4 Houston 3
Cleveland 7 Chicago White Sox 4
Detroit 5 Washington 1
Tampa Bay 5 Arizona 2
Boston 8 Seattle 2
Kansas City 7 Minnesota 2
L.A. Angels at Texas
Toronto at Oakland

Monday's results

Tampa Bay 2 Boston 1
Cleveland 3 Chicago White Sox 2
Texas 4 L.A. Angels 3
Oakland 9 Toronto 4

Wednesday's games — All Times Eastern

Washington (Gonzalez 7-3) at Detroit (Verlander 10-8), 1:08 p.m.
Toronto (Dickey 8-11) at Oakland (Colon 14-3), 3:35 p.m.
Houston (Bedard 3-8) at Baltimore (Gonzalez 8-4), 7:05 p.m.
Chicago White Sox (Peavy 8-4) at Cleveland (Kluber 7-5), 7:05 p.m.
Arizona (Miley 7-8) at Tampa Bay (Hellickson 10-3), 7:10 p.m.
Seattle (Iwakuma 10-4) at Boston (Lackey 7-8), 7:10 p.m.
L.A. Angels (Williams 5-7) at Texas (Perez 3-3), 8:05 p.m.
Kansas City (Guthrie 10-7) at Minnesota (Correia 7-7), 8:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	62	45	.579	—
Washington	52	55	.486	10
Philadelphia	50	56	.472	11 1/2
New York	48	56	.462	12 1/2
Miami	40	65	.381	21

CENTRAL DIVISION

	W	L	Pct	GB
Pittsburgh	64	42	.604	—
St. Louis	62	43	.590	1 1/2
Cincinnati	59	48	.551	5 1/2
Chicago	48	58	.453	16
Milwaukee	46	61	.430	18 1/2

WEST DIVISION

	W	L	Pct	GB
Los Angeles	56	48	.538	—
Arizona	54	52	.509	3
Colorado	51	57	.472	7
San Diego	49	58	.458	8 1/2
San Francisco	46	59	.438	10 1/2

Tuesday's results

Milwaukee 6 Chicago Cubs 5 (gm. 1)
Pittsburgh 2 St. Louis 1 (11 inn. — gm. 1)
Philadelphia 7 San Francisco 3
Atlanta 11 Colorado 3
N.Y. Mets 4 Miami 2 (10 inn.)
Pittsburgh 6 St. Louis 0 (gm. 2)
Milwaukee 3 Chicago Cubs 2 (gm. 2)
N.Y. Yankees at L.A. Dodgers
Cincinnati at San Diego

Monday's results

Pittsburgh 9 St. Louis 2
Atlanta 9 Colorado 8 (10 inn.)
N.Y. Mets 6 Miami 5
Milwaukee 5 Chicago Cubs 0
San Diego 2 Cincinnati 1

Wednesday's games — All Times Eastern

Cincinnati (Bailey 5-10) at San Diego (Stults 8-9), 3:40 p.m.
San Francisco (Gaudin 4-2) at Philadelphia (Kendrick 9-7), 7:05 p.m.
St. Louis (Wainwright 13-6) at Pittsburgh (Locke 9-3), 7:05 p.m.
Colorado (Chatwood 7-3) at Atlanta (Minor 10-5), 7:10 p.m.
N.Y. Mets (Mejia 1-0) at Miami (Alvarez 1-1), 7:10 p.m.
Milwaukee (Peralta 7-10) at Chicago Cubs (Jackson 6-11), 8:05 p.m.
N.Y. Yankees (Kuroda 10-6) at L.A. Dodgers (Kershaw 10-6), 10:10 p.m.

CFL

WEEK 5

EAST DIVISION

	GP	W	L	T	PF	PA	Pts
Toronto	5	3	2	0	156	128	6
Montreal	5	2	3	0	122	139	4
Hamilton	5	1	4	0	99	158	2
Winnipeg	5	1	4	0	115	146	2

WEST

	GP	W	L	T	PF	PA	Pts
Saskatchewan	5	5	0	0	183	87	10
Calgary	5	4	1	0	162	133	8
B.C.	5	3	2	0	116	122	6
Edmonton	5	1	4	0	99	139	2

Tuesday's result

Toronto 38 B.C. 12

Friday's game — All Times Eastern

Hamilton at Edmonton, 9 p.m.

Monday's game

Winnipeg at B.C., 7 p.m.

MLS

EASTERN CONFERENCE

	W	L	T	GF	GA	Pts
Kansas City	10	6	6	31	21	36
New York	10	7	5	33	27	35
Montreal	10	5	5	32	29	35
Philadelphia	9	6	7	33	30	34
New England	8	7	6	27	19	30
Houston	8	6	6	23	20	30
Chicago	7	9	4	25	30	25
Columbus	6	10	5	24	27	23
Toronto FC	3	10	8	19	29	17
D.C. United	2	15	4	10	35	10

WESTERN CONFERENCE

	W	L	T	GF	GA	Pts
Real Salt Lake	11	7	4	36	24	37
Colorado	9	7	7	28	24	34
Portland	8	3	10	31	20	34
Los Angeles	10	9	3	32	27	33
Vancouver	9	7	5	33	29	32
FC Dallas	8	5	8	27	27	32
Seattle	8	7	4	24	22	28
San Jose	7	9	6	23	33	27
Chivas USA	4	12	5	19	37	17

Saturday's games — All Times Eastern

New York at Kansas City, 6:30 p.m.
Montreal at D.C. United, 7:30 p.m.
Chicago at Philadelphia, 8 p.m.
Columbus at Houston, 9 p.m.
Real Salt Lake at Colorado, 9 p.m.
Chivas USA at San Jose, 10 p.m.
FC Dallas at Seattle, 10:30 p.m.
Vancouver at Portland, 11 p.m.

Sunday's game

Toronto FC at New England, 7:30 p.m.

The 2014 Chevrolet Trax



ALL PHOTOS WHEELBASEMEDIA.COM

2014 Chevrolet Trax

- **Type.** Four-door, front- /all-wheel-drive compact wagon
- **Engines (hp).** 1.4-litre DOHC I4, turbocharged (138)
- **Transmissions.** Six-speed manual, six-speed automatic (opt.)
- **Base price (incl. destination)**
\$20,000



1.4 turbo-charged 4-cylinder engine.

Interior & Technology

The 1LT adds air conditioning, heated outside mirrors, roof rack and aluminum wheels. Stepping up to the 2LT gets you a rear-vision camera with backup warning, six-way power driver's seat and Chevrolet MyLink touch-screen communications and infotainment system with a Bose premium audio package.

Fuel Economy

It garners 7.8 l/100 km in the city and 5.7 highway when connected to a six-speed manual transmission (standard with LS model), or 8.1/5.9 with the optional six-speed automatic that's fitted to the LT and LTZ. Other than fuel economy, the turbo 1.4 boasts an ability to run at full song using regular-grade fuel.

Design

To avoid resembling a total box on wheels, the Trax's fenders bulge outward, the roofline slopes gently at the rear and the liftgate features wrap-around glass that has been dressed up with a spoiler-like hood.

Review. True North, strong and free, with help from this little machine

MALCOLM GUNN
wheelbasemedia.com

Cross-border shoppers will tell you that the United States offers a greater selection of products than our home and native land. That might be true for some consumer goods, but it isn't necessarily so when it comes to automobiles.

For 2012, General Motors began importing the seven-passenger Chevrolet Orlando from Korea, eschewing the United States in the process. The same is true this year with the Mexico-built Trax. The supposed reason is that Americans want bigger and fancier automobiles and that Chevy's marketing types didn't want to risk cannibalizing sales of its larger Equinox. But with fuel prices currently on the ascendancy, perhaps GM is entertaining second thoughts.

In any event, Canadians in

search of a small wagon with space for five, available all-wheel-drive and with an aversion to gas pumps should find the Trax to their liking. At first glance it's a bit of a chunky monkey; the styling is a bit stubby in a Chevy-Spark-kind-of-way, except the Trax is considerably larger. It's also about 16 centimetres taller than Chevrolet's Sonic hatchback (both cars share the same platform).

The dashboard and control panel are attractive and uncomplicated, but front-passenger seating is on the cozy side (this is a small wagon, after all). There's more shoulder room in back, but only if you limit the rider count to two. Luggage for four shouldn't pose a problem if everyone packs light, but with the rear seat folded there's stowage space for bulkier objects. The Trax's one and only engine choice is a 1.4-litre turbocharged four-cylinder borrowed from Chevy's Cruze and Sonic models that makes 138 horsepower and 148-pound-feet of torque. For an on-the-road price of \$20k, the LS covers just



The Trax's interior is attractive and simplistic.

the basics, but has 10 airbags, including rear side-impact and front-knee inflatables.

The premium LTZ gets dressed up with 18-inch wheels (16-inches are standard), leather-like seat coverings (heated in front), auto-dimming rearview mirror and fog lights. Major options, depending on the model, consist of a power sunroof, navigation and an oil-pan heater that would make sense for Prairie winters.

For an extra \$1,950, all-wheel-drive can be fitted to the 1LT, 2LT and LTZ. The system automatically engages when the vehicle accelerates from a

stop to counteract torque steer (the tendency for the vehicle to pull to the left or right when accelerating), but reverts to front-wheel-drive once the Trax exceeds five km/h. It also seamlessly redistributes power to the rear tires as needed when the fronts begin to lose traction.

General Motors isn't alone in importing products that our southern neighbours can't obtain (Mercedes-Benz and Kia do the same). But given the Trax's utility, all-weather capability and overall thriftiness, it might be only a matter of time before Chevy's little can-do wagon is given a star-spangled welcome.

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3 Jeep Patriot
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forecast calls for "I dunno" with a
slight chance of "huhhh?"**

metro

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**For those without a Metro, the forecast calls for "I dunno"
with a slight chance of "huhhh?"**

Horoscopes

Aries

March 21 - April 20

Immerse yourself in activities that keep both your hands and your mind occupied. If nothing else, it will distract you from issues you have been worrying about too much.

Taurus

April 21 - May 21

Important matters beckon today and you will need to be in the right frame of mind if you are to deal with them properly. With that in mind, try to avoid people who never seem to take life seriously.

Gemini

May 22 - June 21

Hopefully you have resolved your differences with certain people and everything is calm. If not, make the effort to patch things up now because you don't want to be bothered with petty things later this week.

Cancer

June 22 - July 23

If you have a good idea, act on it straight away. The longer you sit there wondering if it's really as good as you think it is, the more likely it is someone else will beat you to it.

Leo

July 24 - Aug. 23

A decision made in haste causes trouble, so stop and think about what you are about to commit yourself to. You may be eager to start something new but there's no rush.

Virgo

Aug. 24 - Sept. 23

The celestial cycle you are on at the moment is concerned mainly with your thought processes. Take time to look back over the past few months and evaluate honestly what you have accomplished.

Libra

Sept. 24 - Oct. 23

Don't try too hard to please people today, because chances are they will withhold their affection just to annoy you. You're a Libra, a cardinal sign, shouldn't they be pleasing you?

Scorpio

Oct. 24 - Nov. 22

Don't waste time arguing over minor details or trying to defend an opinion you could not care less about. It does not matter what's going on in the world. It matters only that yours is serene.

Sagittarius

Nov. 23 - Dec. 21

It is important that people in authority don't get the idea that you cannot be trusted. Whatever the temptation to embroider the truth may be today, you must be honest.

Capricorn

Dec. 22 - Jan. 20

Capricorn is supposed to be an ambitious sign but it seems the fire in your belly has been a bit weak. Don't worry, in a matter of days, you'll be scheming and fighting your way to the top.

Aquarius

Jan. 21 - Feb. 19

News you receive from a faraway source may be unwelcome but don't let it bother you. Better times are just around the corner and it won't be long before your present worries fade.

Pisces

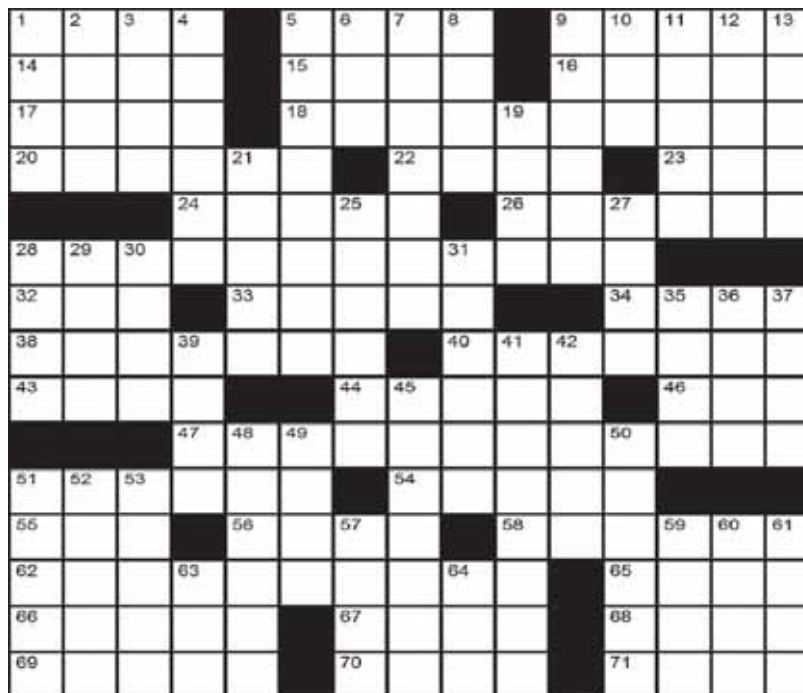
Feb. 20 - March 20

If someone needs your help today, drop what you are doing and give them the assistance they require. Go out of your way to support them. It will be worth the effort in the long term. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- Rich earth
- Frances ___ (Judy Garland, originally)
- Savage
- Violinist, Camilla ___ (b.1842 - d.1902)
- Beneficial-to-skin plant
- Once ___ time...
- In ___ of (Replacing)
- Song versions
- Clear, as a drain with Drano
- Vegan's protein
- Converged
- Stage stuff
- Van Gogh flowers
- Alberta-Saskatchewan border city
- Archer's wood
- Kidney-related
- Dame ___ Te Kanawa (New Zealand opera star)
- Hybrid citrus fruit
- Viking ship crew
- 'Happy Motoring!' slogan
- Higher up
- Ms. Thurman
- Village in Manitoba
- Dish-cleaning aid
- Song line
- Atop, in verse



- Pinpoint
- Shrewd
- Sport for lumberjacks
- Biblical brother
- Dancing ___ (De-lighted): 2 wds.
- Silk: French
- Reality TV star Ms. Leakes
- Irish playwright, J.M. ___ (b.1871 -

- d.1909)
- They came marching two-by-two...
- Single-named Art Deco designer

Down

- "To Sir, with Love" (1967) actress/singer
- "...thunder, lightning, ___ rain?" (First Witch's query

- from Macbeth)
- "Hold on ___!" (Wait!)
- Like green-patched cheese
- Evil wizard in "The Smurfs 2" (2013)
- Diminutive suffix
- State bordering BC, AB and SK
- Beatles' "Love ___"

- Canadian electronics chain store, ___ Shop
- Prefix with 'dermis'
- Boards
- Year: French
- Wears well
- "___ ain't broke...": 2 wds.
- Command: French
- Ancient inhabitant

- of Crete
- Is a pain
- 'Electro' suffix
- Actress Ms. Thompson's
- Possesses
- '60s hit for The McCoy's: "Hang on ___"
- American deejay Don
- Two notes to follow Do
- "___ little time..." (The quickest way)
- Wedding ___
- Norms
- Mr. Philbin
- 1,000,000,000
- Brush aside
- "Hud" (1963) actress Patricia
- High ___ fuel
- Alone activities
- Type of flower
- Phantom of the Opera's instrument
- Ingrid's "Casa-blanca" (1942) role
- 'Very', slang-style
- Camper's shelter
- Bit of The Band: "Virgil, quick, come see, there goes the Robert ___!"
- Manipulate
- Baby bug

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today

23°/15°
Mainly sunny

Thursday

24°/16°
Partly cloudy

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